



Official Dance Script

Begin writhing on the floor and stand up on one of the 5 beats at 00:38

1. ZOMBIE MARCH

(forward) right left right left
(take-it-back) right left right left
(to-the-front) right left right left
(take-it-back) right left right left

2. MARCH BOOTY SWIM

(forward) *shoulder step nothing step
*shoulder step *shoulder step
(back) *shoulder step nothing step *shoulder
step *shoulder step
(step) booty bounce (together) booty bounce
(step) booty bounce (together) booty bounce
swim together swim jump (hold)
swim together swim jump

3. SHUFFLE HA SLIDE

shuffle back hop hop forward
turn look stare stare
down ha down ha down ha down ha
down clap slide slide slide stomp and shoulders
look left
down clap slide slide slide stomp and shoulders
and prep

4. HIP N' ROAR

right hip right hip right hip in out
left hip left hip in and roar
walk walk roar-turn roar-turn roar-turn
walk walk roar-turn roar-turn
jump and land circle
shake-it-and-a-uppa and a shake-it-and-a-uppa
stomp stomp stomp look left
walk left right left and turn

5. WUZ UP

(forward on right leg) wuz up 1-2-3
left right 1-2-3
(take-it-back) right left 1-2-3
left right 1-2-3

3. SHUFFLE HA SLIDE

shuffle back hop hop forward
turn look stare stare
down ha down ha down ha down ha
down clap slide slide slide stomp and shoulders
look left
down clap slide slide slide stomp and shoulders
look left

6. OH SNAP ROCK ON

oh snap 2-3-4-5-6-7-8
jump snap 2-3-4-5-6-7-8
jump reach air guitar to the right
tick tock tick tock
rock on rock on rock on rock on
grab pull in punch punch punch down

7. HEAD N' SHOULDERS

hold hold right left head-head
shoulders knees.. and toes
hold and point hold and point and point
hold and pose hold head-head
hold and hip and hands
walk left right left star down
hold 2-3-4 and pose and pose
rise 2-3-4

8. STOMP

stomp 2-3-4-5-6 look left
walk left right 3-4-5-6-7-8
stomp 2-3-4-5-6 look left
walk left right 3-4-5-6-7-8
down 2-3-4 rise 2-3-4



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jump snap 2-3-4-5-6-7-8
jump reach air guitar to the right
tick tock tick tock
rock on rock on rock on rock on
grab pull in punch punch punch down

7. HEAD N' SHOULDERS

hold hold right left head-head
shoulders knees.. and toes
hold and point hold and point and point
hold and pose hold head-head
hold and hip and hands
walk left right left star down
hold 2-3-4 and pose and pose
Down 2-3-4 rise 2-3-PREP

4. HIP N' ROAR

right hip right hip right hip in out
left hip left hip in and roar
walk walk roar-turn roar-turn roar-turn
walk walk roar-turn roar-turn
jump and land circle
shake-it-and-a-uppa and a shake-it-and-a-uppa
stomp stomp stomp look left
walk left right left and turn

1. ZOMBIE MARCH

(small steps forward) right left right left
(big steps take-it-back) right left right left
(small steps to-the-front) right left right left
(big steps take-it-back) right left right left

2. MARCH BOOTY SWIM

(forward) *shoulder step nothing step
*shoulder step *shoulder step
(back) *shoulder step nothing step *shoulder
step *shoulder step
(step) booty bounce (together) booty bounce
(step) booty bounce (together) booty bounce
swim together swim jump (hold)
swim together swim jump

3. SHUFFLE HA SLIDE

shuffle back hop hop forward
turn look stare stare
down ha down ha down ha down ha
down clap slide slide slide stomp and shoulders
look left
down clap slide slide slide stomp and shoulders
look left

5. WUZ UP

(forward right leg) wuz up 1-2-3
left right 1-2-3
(take-it-back) right left 1-2-3
left right 1-2-3
(end centre stage-ish)

1. ZOMBIE MARCH

(big steps forward) right left right left
(small steps take-it-back) right left right left
(big steps to-the-front) right left right left
(small steps take-it-back) right left right left
(end at front of stage)

8. STOMP

stomp 2-3-4-5-6 look left
walk left right 3-4-5-6-7-8
stomp 2-3-4-5-6 look left
walk left right 3-4-5-6-7-8 and Scare!